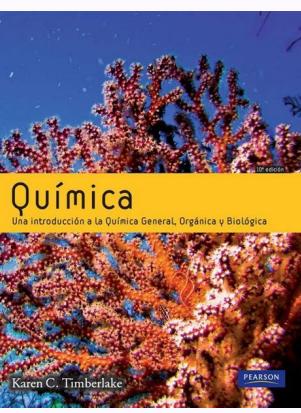
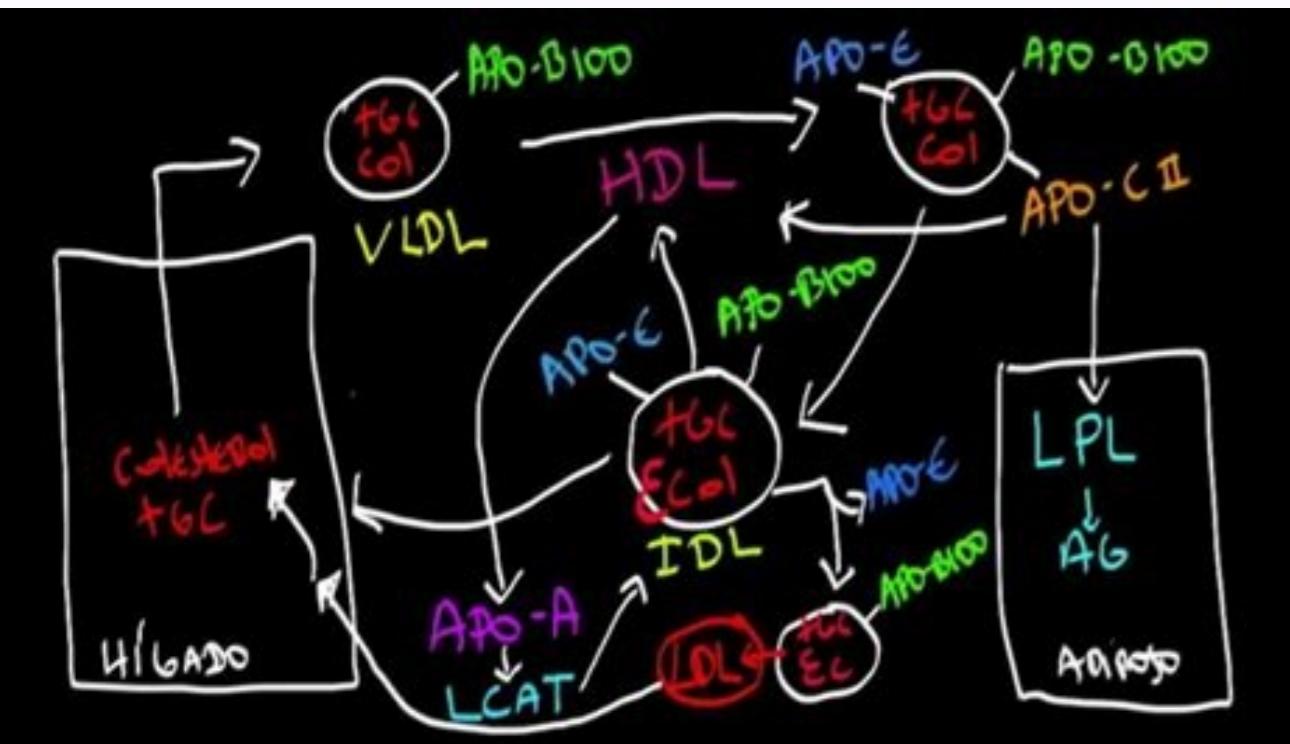
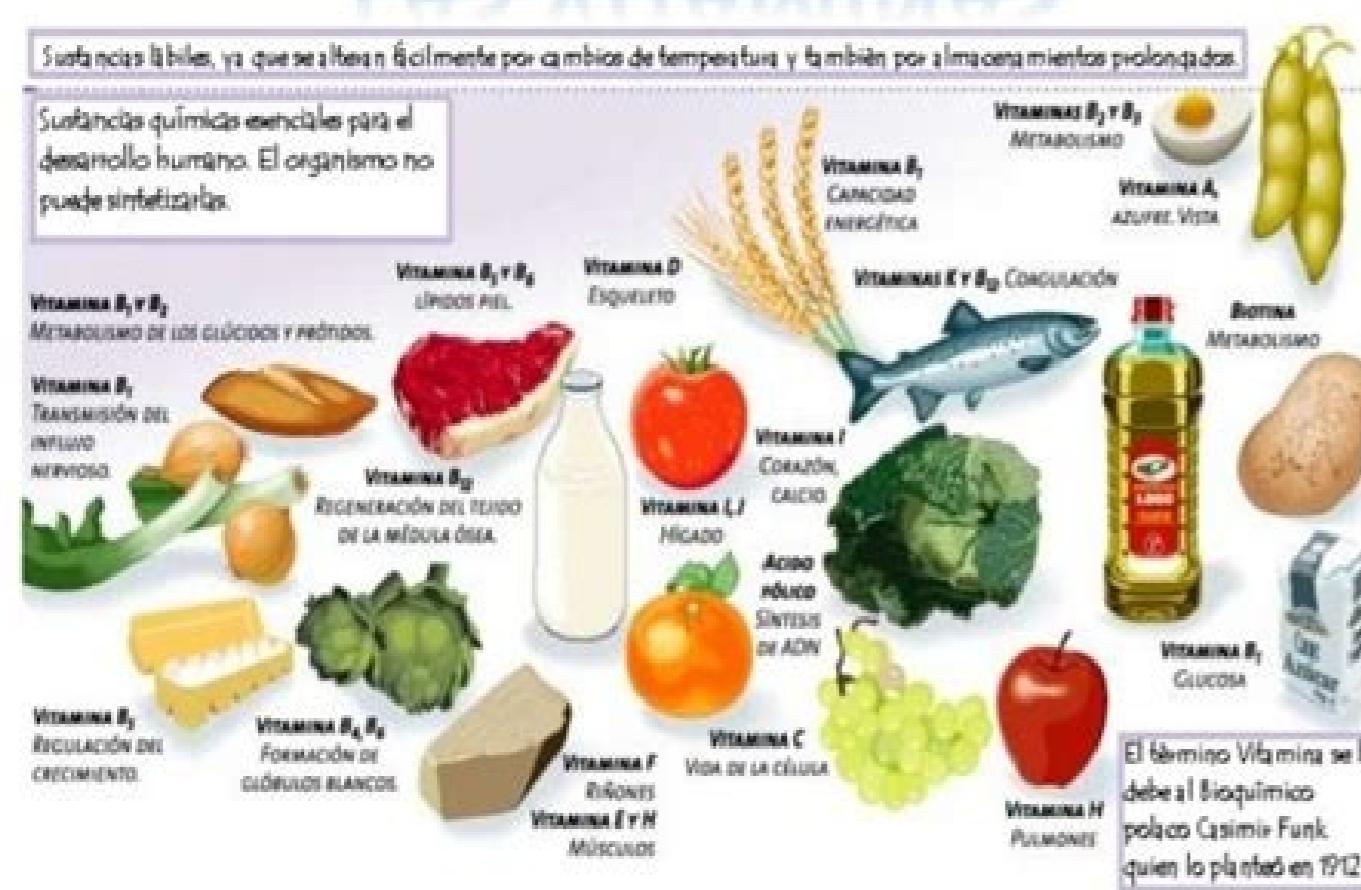


I'm not a robot!

LAS VITAMINAS



COMPONENTES CELULARES				
COMPONENTE CELULAR	ESTRUCTURA	FUNCIÓN	RELACIÓN	IMAGEN
Pared celular	Red de microfibrillas de celulosa, pecticáridos y glicoproteínas.	Protege y da soporte a la célula.	Se encarga de proteger a los otros organelos dentro de la célula.	
Flagelos	Un microtúbulo rodeado por microtúbulos en pares fusionados que interactúan por medio de brazos proteicos.	Mueven la célula mediante fluidos.	Gracias al movimiento que proporciona la membrana introduce alimentos a la célula, de ahí otros componentes se benefician.	
Membrana plasmática	Bicapa fosfolípídica; proteínas integrales y globulares.	Aísla el contenido de la célula del ambiente, regula entrada y salida de materiales, comunica con otras células.	Permite el paso que sustancias que provienen de "alimento" a los diferentes organelos.	
Material genético	Formado por A, C, G, T, un grupo fosfato unido a una azúcar (ribozoma o desoxiribosa).	Contiene información necesaria para construir la célula y controlar la actividad celular.	En el núcleo se duplica, posteriormente se traduce y gracias a esto hay transcripción que permite la formación de proteínas para la supervivencia de la célula en su conjunto.	
Cromosomas	Formado por constucción primaria (centrómero), constucción secundaria y telómero).	Contiene y controla todo el uso del DNA.	Se encargan de dirigir como se expresa el DNA. Sólo se observan durante la división celular. Prácticamente no interactúan directamente con otros organelos.	
Núcleo	Formado por la envueta nuclear, poros nucleares	Contiene al núcleolo y cromatina (euromatina, heterocromatina)	se enlaza con el RE, permite la salida de ribosomas y ARNm que posteriormente llegarán a los ribosomas.	
Nucleolo	Está dentro del núcleo.	Síntesis ribosomas.	Exporta los ribosomas al citoplasma. Dentro del ribosoma, se llevará a cabo la síntesis de proteínas.	
Mitochondrias	Membrana interna, membrana externa, matriz y crestas	Produce energía por metabolismo aeróbico	Recibe la glucosa proveniente de los cloroplastos. Provee de energía a la célula en general, ya que aquí se sintetizan los componentes energéticos más importantes.	
Cloroplasto	Membrana interna, membrana externa, tilacoide, conector de tilacoide, estrema	Realizan fotosíntesis.	Exporta la glucosa sintetizada a la mitocondria.	
Ribosoma	Subunidad menor, subunidad mayor	Síntesis de proteínas.	Traduce la información proveniente de los distintos RNA. Posteriormente, las proteínas formadas, son exportadas de la célula hacia la matriz extracelular.	
Reticulo endoplásmico	Sacos aplanados, cisternas, en el caso de RE contiene ribosomas	Sintetiza componentes de la membrana celular (proteínas y lípidos)	Aprovecha los materiales presentes en el citoplasma para formar lípidos y proteínas, posteriormente exporta al aparato de golgi, lo sintetizado a través de vesículas de transmisión.	
Aparato de Golgi	Cisternas intermedias, vesículas de transporte, vesículas de transición	Modifica, y empaca proteínas y lípidos, sintetiza algunos carbohidratos	Recolecta las vesículas provenientes del RE, y madura lípidos y proteínas. Estos lípidos y proteínas formarán parte de la membrana celular.	
Lisosomas	Enzimas digestivas intracelulares	Digestión de componentes inservibles de la célula.	Se forma a partir de segmentos del aparato de golgi. Posteriormente degradara componentes provenientes de la membrana.	
Vacuola central	Agua y pared de la vacuola	Contiene agua y desechos; brinda presión de turgencia como soporte a la célula	Guarda materiales de desecho provenientes de muchos otros organelos dentro de la célula.	
Otrosquelato	Microtúbulos, microfilamentos, filamentos intermedios	Da forma y soporte a la célula; coloca y mueve partes de la célula	Se relaciona con otros organelos, ya que los mueve a los lugares apropiados.	
Centriolos	Pequeños microtúbulos	Producen los microtúbulos de cilios y flagelos.	Forman las fibras de uso durante la división celular. Sin dichas fibras, no sería posible la división.	

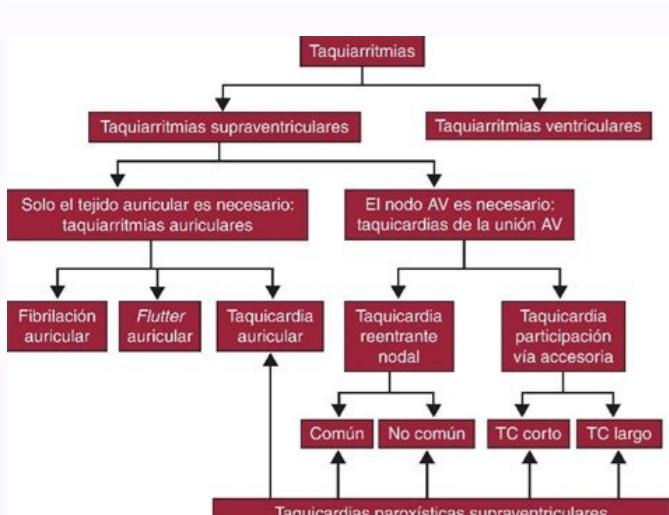
INTEGRANTES:

- Alcocer Ramírez Andrea.
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- Ramírez Reyes Daniel de Jesús
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Síntesis de los lípidos en el organismo. Síntesis de metabolismo de los lípidos. Resumen de la síntesis de los lípidos. Que es perfil de lípidos. Cuáles son los síntomas de un golpe de calor. La síntesis de los lípidos se lleva a cabo en:

Según la definición de "LIPID MAPS" (LIPID Metabolites And Pathways Strategy), un lípido es cualquier molécula insoluble en agua y soluble en solventes orgánicos. En las células hay moléculas que cumplen estos requisitos y que se denominan lípidos biológicos. Incluyen a una gran variedad de lípidos tales como ácidos grasos, ceras, monoglicéridos, diglicéridos, triglicéridos, fosfolípidos, esfingolípidos, esteroles, terpenos, prenoles, eicosanoïdes, vitaminas solubles en grasas, entre otros. En las células los lípidos tienen tres funciones básicas: ser componentes estructurales básicos de las membranas biológicas, almacenar energía y actuar como moléculas señalizadoras, es decir, transportadoras de información. En esta página nos vamos a centrar sobre todo en los lípidos que están relacionados con las membranas biológicas. Modelos de membrana. La organización de las membranas celulares está determinada por las características de sus componentes, fundamentalmente por los lípidos. Los otros componentes importantes de las membranas celulares son las proteínas, principales actores en las funciones celulares asociadas a las membranas, y los glucidos. Sin embargo, la diversidad de los lípidos de membrana (hay más de mil tipos diferentes) y su organización espacial (formando un bícapa) hacen a estas moléculas esenciales. Los lípidos constituyen aproximadamente el 50 % del peso de las membranas, con unos 5 millones de moléculas por μm^2 . Se estima que aproximadamente el 5 % de los genes de una célula están dedicados a producir sus lípidos. Los lípidos definen las propiedades físicas de las membranas. La longitud y el grado de saturación de sus ácidos grasos regulan la fluididad y el grosor de la membrana. Hay una distribución desigual de tipos de lípidos entre las dos monocapas creando lo que se denomina asimetría de membrana. En la membrana plasmática las cargas asociadas a las partes hidrofílicas de los lípidos de la monocapa interna contribuyen a crear un gradiente eléctrico entre la cara externa y la interna, y por tanto a modular el potencial.

permiten esta comunicación. Tanto es así que las membranas plasmáticas de las células vecinas son continuas. Existe una tercera vía para comunicar citoplasmas de células diferentes: a través de vesículas que emiten las propias células con contenido citosólico en su interior y que se fusionan con otra célula. Bibliografía Ryan VH, Fawzi NL. 2019. Physiological, pathological, and targetable membrane organelles in neurons. *J. Neurosci.* 39:693-708. Page 5 El interior de la célula eucariota posee una organización interna estructural y funcional establecida por una serie de filamentos proteicos que forman un entramado resistente y dinámico que se extiende a través del citoplasma, sobre todo entre el núcleo y la cara interna de la membrana celular, aunque también en el interior del núcleo. A este conjunto de filamentos se le denomina citoesqueleto. La palabra citoesqueleto es un término morfológico y estructural que deriva de las primeras observaciones realizadas con el microscopio electrónico. Puede llevar un engaño puesto que no es un entramado inerte que funciona únicamente como andamiaje para dar soporte físico a la células y sus diversas estructuras. El citoesqueleto es una estructura muy cambiante, es decir, a pesar de su nombre, el citoesqueleto no es solo los huesos de las células sino también sus músculos. Esta versatilidad se basa en sus propiedades. Polimerización y despolimerización. Los filamentos del citoesqueleto se forman por la polimerización de unidades proteicas que no establecen uniones covalentes entre sí. De este modo pueden ensamblar (polimerizar) y deshacer (despolimerizar) con mucha facilidad y según las necesidades de las células. La célula puede crear y modificar andamiajes de filamentos de citoesqueleto donde se necesitan. Las unidades que forman el citoesqueleto pasan del estado líquido (polimerizado) a estar filosos en el citosol de la célula, así como indicar a otras proteínas que se mueven a lo largo del filamento. Regulación. La célula posee una gran cantidad de proteínas para regular la orientación de los filamentos del citoesqueleto. Son herramientas que se usan para manipular estos entramados tridimensionales. Entre las más destacadas están las proteínas motores, moléculas que usan algunos filamentos del citoesqueleto como rieles o carreteras para transportar cargas (moleculas, vesículas, organelos) entre distintos puntos del citosol. El citoesqueleto desarrolla una cantidad asombrosa de funciones en las células eucariotas. Así, entre sus funciones están que las células se pueden mover, establecer la polaridad de algunas células, la disposición adecuada de los organelos, la comunicación entre ellos, los procesos de endocitosis y exocitosis, la división celular (tanto meiosis como mitosis), lugar de anclaje de moléculas y órganos, resistir presiones mecánicas y resistir deformaciones, entre otras muchas más. El citoesqueleto parece ser un invento de las células eucariotas, aunque se han encontrado proteínas homólogas en las células procariotas. Su función mecánica es particularmente importante en las células animales, donde no existe una pared celular que dé consistencia a las células. Sin el citoesqueleto la célula se rompería puesto que las membranas se básicamente una lámina de grasa. Hay tres tipos de filamentos que forman el citoesqueleto: los filamentos de actina o microfilamentos, los microtúbulos y los filamentos intermedios (Figura 1). Los filamentos de actina, polímeros cuya unidad repite es la protómera actina, son los principales responsables de los movimientos celulares, de los procesos de endocitosis y exocitosis, y de la citocinesis (última etapa de la división celular). Una vez que se produce la citocinesis, las células que resultan tienen que adaptarse a la división celular puesto que contactan con un complejo de unión de las células entre sí. Se demuestra experimentalmente porque las distancias menores que los largos controles del citoesqueleto. Los microtúbulos, como su nombre indica, son tubos que producen estabilidad y resistencia a las tensiones. Los microtúbulos se replican independientemente del desplazamiento intercelular de organelos y vesículas, forman el esqueleto de cilia y flagos, permiten la segmentación y la división celular. Tanto los filamentos de actina como los microtúbulos neogenan la ayuda de una proteína denominada motoras que llevan a cabo sus funciones, las cuales se comportan como auténticos motores capaces de crear movimiento, cualquiera que ésta sea. Estas proteínas arrastran cargas puesto que la senda de los filamentos de actina o de los microtúbulos. Los filamentos intermedios son tan tubulares que producen estabilidad a los pericentros que neogenan la ayuda de otros componentes del citoesqueleto, los filamentos intermedios son polímeros formados por unidades pertenecientes a varias familias de proteínas entre las que se encuentran las queratinas, las vimentinas, las láminas de la envuelta nuclear, etcetera. Figura 1. Esquema de la distribución celular de los tres principios componentes del citoesqueleto dentro de una célula animal. 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Actually, it is a very plastic structure responsible for cell movement and shape, and for organelle arrangement and movements. The functional diversity of the cytoskeleton is a consequence of its molecular features. Polymerization and depolymerization. Cytoskeleton filaments are formed by polymerized of repeated proteins that do not establish chemical bonds between each other, but they are linked through shape. In this way, filaments can be assembled (polymerized) and disassembled (depolymerized) easily and according to the cell needs. Cell may form and modify filament scaffolds where they are needed. Proteins that form cytoskeleton filaments are always changing between polymerized and free in the cytosol. Polarization. Some cytoskeletal filaments are polarized structures, that is, all the protein units in the filament are different. This arrangement is important for filament growing and for those proteins that move along the filament. Regulation. Cells have many proteins to control the organization and activity of cytoskeleton filaments. They are tools for manipulating the three dimensional scaffold of cytoskeleton filaments. For example, motor proteins are molecules that use cytoskeletal filaments as train rails to transport cargoes (vesicles, organelles, macromolecules) through the cytoplasm. Other proteins are involved in filament polymerization-depolymerization, filament stability, or are intermediaries between filaments and other cell structures. Cytoskeleton performs an amazing amount of functions in eukaryotic cells. It makes cells to move, establishes the cell shape, makes possible cell communication and for communication between those organelles, and for exocytosis and endocytosis processes, runs cell division (both mitosis and meiosis), is a good scaffold for maintaining intracellular organization, resists mechanical forces, withstands cell deformations, and many others. Although some homologous cytoskeletal proteins have been found in prokaryotes, the function of cytoskeleton appears to be invented by eukaryotic cells. The mechanical function of cytoskeleton is particularly useful in animal cells, where no cell wall gives consistency to the cell. Without a cytoskeleton, animal cells will break because plasma membrane is just a sheet of fat. Cytoskeleton is composed of three types of filaments: actin filaments or microfilaments, intermediate filaments and microtubules, and intermediate filaments (Figure 1). Actin filaments, polymers of repeated units of the actin protein, are in charge of cell movements, endocytosis, phagocytosis, cytokinesis, and other functions. They are also part of the molecular machinery needed for muscle contraction, and contribute to form some cell junctions (adherens junctions and tight junctions). They are named as microfilaments because their diameter is lower than those of the other cytoskeleton components. 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Actually, it is a very plastic structure responsible for cell movement and shape, and for organelle arrangement and movements. The functional diversity of the cytoskeleton is a consequence of its molecular features. Polymerization and depolymerization. Cytoskeleton filaments are formed by polymerized of repeated proteins that do not establish chemical bonds between each other, but they are linked through shape. In this way, filaments can be assembled (polymerized) and disassembled (depolymerized) easily and according to the cell needs. Cell may form and modify filament scaffolds where they are needed. Proteins that form cytoskeleton filaments are always changing between polymerized and free in the cytosol. Polarization. Some cytoskeletal filaments are polarized structures, that is, all the protein units in the filament are different. This arrangement is important for filament growing and for those proteins that move along the filament. Regulation. Cells have many proteins to control the organization and activity of cytoskeleton filaments. They are tools for manipulating the three dimensional scaffold of cytoskeleton filaments. For example, motor proteins are molecules that use cytoskeletal filaments as train rails to transport cargoes (vesicles, organelles, macromolecules) through the cytoplasm. Other proteins are involved in filament polymerization-depolymerization, filament stability, or are intermediaries between filaments and other cell structures. Cytoskeleton performs an amazing amount of functions in eukaryotic cells. It makes cells to move, establishes the cell shape, makes possible cell communication and for communication between those organelles, and for exocytosis and endocytosis processes, runs cell division (both mitosis and meiosis), is a good scaffold for maintaining intracellular organization, resists mechanical forces, withstands cell deformations, and many others. Although some homologous cytoskeletal proteins have been found in prokaryotes, the function of cytoskeleton appears to be invented by eukaryotic cells. The mechanical function of cytoskeleton is particularly useful in animal cells, where no cell wall gives consistency to the cell. Without a cytoskeleton, animal cells will break because plasma membrane is just a sheet of fat. Cytoskeleton is composed of three types of filaments: actin filaments or microfilaments, intermediate filaments and microtubules, and intermediate filaments (Figure 1). Actin filaments, polymers of repeated units of the actin protein, are in charge of cell movements, endocytosis, phagocytosis, cytokinesis, and other functions. They are also part of the molecular machinery needed for muscle contraction, and contribute to form some cell junctions (adherens junctions and tight junctions). They are named as microfilaments because their diameter is lower than those of the other cytoskeleton components. 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to be transferred to the other monolayer (that facing the lumen). There are specialized proteins that can move lipids from one monolayer to the other: flippases, floppases and scramblases. Figure 4. Suggested ways for transferring lipids between cellular membranes: vesicular trafficking, carriers and membrane contacts. Transferring lipids between membranes is done by vesicles, molecular carriers and at membrane physical contact sites (Figure 4). Vesicles, through vesicular trafficking, transport in their membranes lipids synthesized in the endoplasmic reticulum to other organelles. Mitochondria, chloroplasts and peroxisomes are not part of the vesicular traffic, so some membrane lipids are synthesized locally, but many others are imported from the endoplasmic reticulum by molecular carriers. For example, glycerophospholipids are transported by a cytosolic protein known as glycerophospholipid interchanger. It can take a lipid from the membrane of the smooth endoplasmic reticulum and leaves it in the membrane of other organelle. Furthermore, many electron microscopy images show physical contacts between membranes of different organelles, for example between endoplasmic reticulum and mitochondria or peroxisomes. These contacts may facilitate interchange of lipids between different membranes. Chloroplasts can synthesize their own glycerophospholipids and glycolipids. However, endoplasmic reticulum membranes and chloroplast membranes are also observed very close to each other in electron microscopy images. Cholesterol is mostly synthesized in the smooth endoplasmic reticulum. It is an important molecule for membranes, particularly for the plasma membrane. Cholesterol is transported by vesicles and molecular carriers from the endoplasmic reticulum to the plasma membrane (Figure 4). In yeasts, that have ergosterol in their membranes instead of cholesterol, the main mechanism to move ergosterol from the endoplasmic reticulum to the plasma membrane is a diverse set of transporters. This transport does not need ATP.

Tritylglycerols are synthesized in the smooth endoplasmic reticulum. These lipids are stored in the reticulum itself or as ergosterol esters. The synthesis of triacylglycerol is intense in adipocytes, the fat storage cells of animals. The overproduction of triacylglycerol is stored in cytoplasmic lipid droplets. This transport does not need ATP.

Tritylglycerols are also part of the lipoproteins, and required for the production of steroid hormones and bile acids. Detoxification: Hepatocytes, the liver cells, show a highly developed smooth endoplasmic reticulum. In the smooth endoplasmic reticulum membranes, the P450 protein family is in charge of removing potentially toxic metabolites, as well as lipophilic toxins incorporated during the digestion. The shape of the smooth endoplasmic reticulum tubules and the lack of ribosomes, allows a large surface of membrane related to the organelle volume. In addition, it is able to increase the length of the tubules to make room to all the synthesized triglycerides. The main role of the smooth endoplasmic reticulum is to produce the hormone insulin and glucagon. Catabolism of glycogen produces 6-phosphogluconate, which cannot cross the membrane and has to leave the cell. Glucose 6-phosphate, which is an energy source for endoplasmic reticulum, removes the phosphate group and releases glucose and calcium. Calcium is transported into the lumen by calcium pumps located in the organelle membrane. Calcium concentration in the smooth endoplasmic reticulum is in millimolar (mM), whereas in the cytosol is in nanomolar (nM). Stored calcium is released by storage channels and intracellular signals acting via second messengers, resulting in a cellular response, for example exocytosis. A remarkable example is the endoplasmic reticulum of the muscle cells (known as sarcoplasmic reticulum) that captures and releases calcium to produce a cycle of muscle cell contraction and relaxation. Bibliography English AR, Zurick N, Voelzel GK. Peripheral ER structure and function. Current opinion in cell biology. 2009; 21:506-602. Dabholki DL. Phospholipid Flippases. The journal of biological chemistry. 2007; 282:821-825. Page 16 A eukaryotic cell may resemble a big city with several districts. Each of them is specialized in a particular role, such as energy production, manufacturing products, exportation, importation, communication with other cities, recycling, and so on. To work properly, a rich and complex communication system is needed between districts, which is carried out by carriers that go through multiple pathways. Cellular districts are the intracellular compartments and many of them are membrane-bound compartments, i.e. organelles. Each organelle is specialized in one or several functions. For example, endoplasmic reticulum is in charge of synthesizing proteins for secretion and lipids to be attached to proteins and lipids, and is also a distribution center, lysosomes are the main digestion centers, and mitochondria and chloroplasts synthesize ATP. Communication between some organelles is mediated by vesicles, which carry molecules both in the interior and as part of the membrane of the vesicle. Vesicular trafficking includes all the communication pathways mediated by vesicles, as well as the organelles that send or receive vesicles (Figure 1). There are two main roads in this trafficking road map. One, known as secretory pathway, starts in the endoplasmic reticulum, that sends vesicles to the Golgi apparatus, which in turn sends vesicles targeted to the plasma membrane (exocytosis). This pathway releases molecules to the extracellular space, and also carries molecules to the plasma membrane. The other pathway is an importing pathway that begins at the plasma membrane where vesicles and other large compartments are originated by membrane invagination (endocytosis). These vesicles fuse with the endosomes, which end up becoming lysosomes. Lysosomes degrade the endocytosed molecules, both from the extracellular space and those forming the membrane of the vesicles. It is a degradation pathway. There are many other communication pathways mediated by vesicles so that it looks like that all the organelles are connected through vesicles between each other. This has not been proved yet. However, there is this rule saying that the communication by vesicles between two organelles use to be bidirectional, i.e., the organelle A sends vesicles to the organelle B, and at the same time the organelle B receives vesicles from the Golgi apparatus, which in turn sends vesicles back to the endoplasmic reticulum. The same happens between the plasma membrane and endosomes, and between Golgi apparatus and endosomes. Figure 1. Main pathways of communication mediated by vesicles between organelles. Roads and compartments constitute the vesicular traffic. Communication is usually bidirectional. No all the communication paths are depicted. There are organelles, such as mitochondria, chloroplasts and peroxisomes, which are not part of the vesicular traffic because they do not usually send nor receive vesicles. However, these organelles communicate with other organelles by other mechanisms. For example, by physical contacts of their membranes. It is frequently observed the mitochondrial external membrane in close apposition to endoplasmic reticulum membranes. Some authors propose that there is a high transfer of molecules, mostly lipids, through these areas of membrane contacts. There are also transporters that exchange lipids between membrane of different compartments. Page 17 Vacuoles are membrane-bound organelles found in plant cells and fungi, including yeasts. They are critical organelles for plant cell function. 1. Features Vacuoles are usually large compartments that in mature cells may be up to 90 % of the total cell volume (Figures 1 and 2). They are the largest compartment of plant cells. The name vacuole is derived from the Latin word "vacuus", which means empty. This was clearly a misunderstanding because vacuoles are not empty, but filled with a more or less concentrated aqueous solution. The membrane of the vacuole is known as tonoplast, and it is an essential part for the function of this organelle. In plants, there are several types of vacuoles according to the role they carry out. A plant cell may contain different types of vacuoles, and a vacuole can modify its enzyme repertory and then change its function. Figure 1. Drawing of a parenchymatic cell showing a large vacuole Figure 2. Photosynthetic parenchyma cells of *Ulex europeus* (images on the right and on top). Vacuoles are the clear spaces. Nucleus and chloroplasts can be observed. The image on the bottom comes from photosynthetic parenchyma of a pine leaf showing vacuoles stained in purple. Vacuoles are usually rounded, but the final shape is influenced by cell morphology. One large vacuole is often observed in mature plant cells. However, the membrane of the vacuole gets sometimes deeply and profusely folded and forms small compartments that look like many small vacuoles when observed at light microscopy, but they are actually just one vacuole because membrane is continuous. New vacuoles are formed by fusion of vesicles released from the Golgi apparatus. Initially they form a new compartment known as pro-vacuole. A meristematic cell may have hundreds of pro-vacuoles. Then, during cell differentiation, pro-vacuoles fuse between each other into small vacuoles, and the fusion process continues until a large central vacuole is formed. The endoplasmic reticulum might be also involved in the formation and growth of vacuoles in some plant cells, mostly in seeds. Once a large vacuole is present, vesicles from the Golgi apparatus and plasma membrane regulate the size by adding and removing membrane. The main vacuole of most plant cells is a large compartment filled with an acidic solution containing salts (sodium, potassium), metabolites (carbohydrates, organic acids) and some pigments. Some of these molecules enter the vacuole from the cytosol against concentration gradient. The normal pH inside the vacuole ranges between 5 and 5.5, although it can be around 2 in the lemon fruit, or even 0.6 in some algae. 2. Function Vacuoles are essential for physiology and homeostasis of plant cells, and perform different functions according to the cell type. The following are some of them: Turgor Cell turgor is the level of hydrostatic pressure against the cell wall of the plant cell. This pressure is under the control of vacuoles, which get different substances inside, including ions, to produce variable inner osmotic environments when compared with those of the cytosol. The different osmolarity at both sides of the vacuole membrane makes the water cross the membrane, either inward or outward. The substances that contribute to the vacuole osmolarity can cross the vacuole membrane by ATP dependent transport mediated by ionic pumps. H⁺-ATPase and H⁺-pyrophosphatase are able to form proton gradients between both sides of the vacuole membrane, and these gradients are used to transport other molecules. The ability to store water inside the vacuole is essential for plant cell growth after mitosis. Plant cells can increase their size 10 to 20 times, which is very useful for the body plant to grow and for modifying the shape of plant organs. The growth mediated by hydrostatic pressure saves energy because it is cheaper to increase the amount of water than synthesize new molecules (animal cell growth is based on molecular synthesis). It is safer for plant cells to accumulate water in the vacuole because in this way the cytosolic molecules do not get diluted, which would compromise cell survival. Storage Vacuoles are the last station for some vesicular traffic pathways. In some cells, they are the compartment to store carbohydrates and proteins. This clearly happens in seeds, where vacuoles accumulate proteins needed during germination. Storage vacuoles become lytic vacuoles during cell differentiation. Unlike animals, plants do not have an excretory system, nor they can move to avoid toxic substances. In plants, potentially dangerous substances are stored in vacuoles. In this way, metabolism of residues and toxic substances like heavy metals (cadmium, zinc and nickel) are found in vacuoles. In addition, they also store other substances such as pigments (for example, anthocyanins) in the epidermal cells of petals, toxic substances against herbivores, resins, alkaloids like opium, etcetera. Most of the taste of fruits and vegetables is the result of substances stored in vacuoles. Degradation centers Lytic vacuoles can be found in vegetative tissues, so they are also known as vegetative vacuoles. They contain enzymes like proteases and nucleases, as well as a number of proteins involved in the defense against pathogens. Protein pumps inserted in the vacuole membrane enter proteins into the vacuole and acidify the interior content. The low pH and the lytic enzymes allow degradation processes. Vacuoles have a similar role to lysosomes of animal cells. Furthermore, like lysosomes, vacuoles participate in autophagy. Vacuolar processing enzymes are proteins also found in vacuoles. They transform molecular precursors arriving to the vacuole as inactive molecules into active molecules. Apoptosis Vacuoles are involved in plant cell apoptosis via a mechanism known as autolysis. In addition, a type of cell death known as hypersensitive cell death occurs in plant cells when the vacuole membrane gets broken. Others There are specialized vacuoles in different plant tissues. For example, in the seed internal legume, vacuoles accumulate flavonoids for protection against ultraviolet light. Flavonoids are synthesized in the cytosolic surface of the endoplasmic reticulum membranes and then translocated to the interior of vacuoles for a final chemical processing. In the vacuole membrane there are transporters to carry out this translocation. Some plant species, like brassicas, have vacuoles in their vegetative tissues for repealing herbivores. These vacuoles store proteins, such as myrosinases. Once released by the herbivore activity, these enzymes degrade molecular compounds of the leaves that become toxic for the animal. Cells storing myrosin are known as myrosin cells and can be found near the vascular bundle of leaves. Plants lack immune system so that each cell has their own defense system. Defense proteins and enzymes can be found in vacuoles. There are two defense mechanisms that vacuoles can perform (Figure 3): vacuole membrane collapses and fusion of membrane vacuole with plasma membrane. Viral infections lead to vacuole membrane breakage and release enzymes into the cytosol, where they can attack viruses. The fusion of vacuole membrane and plasma membrane releases vacuole enzymes to the extracellular space where they can kill pathogens like bacteria. Figure 3. Vacuole defense mechanisms. Vacuole membrane breakage and fusion between vacuole membrane and plasma membrane. Vacuole enzymes are released either into the cytosol or to the extracellular space, respectively. (Adapted from Shimada et al., 2018) 3. Vesicular trafficking Vacuoles are part of the vesicular traffic. Actually, they may be regarded as an end-product of the vesicular trafficking since their formation and maintenance depends on the incoming vesicles. Molecules which are going to be stored or degraded, included hydrolytic enzymes, as well as all membrane molecules are targeted to vacuoles via vesicles. Molecules can now follow different vesicular pathways to get to vacuoles: Endoplasmic reticulum> Golgi apparatus> Vacuole; Golgi apparatus> pre-vacuolar compartment> vacuole. This is the default pathway to transport hydrolytic enzymes toward vacuoles. Pre-vacuolar compartments are similar to multivesicular bodies/late endosomes of animal cells. Curiously, hydrolytic enzymes are not selected in the Golgi apparatus> Golgi apparatus> Vacuole. All secreted proteins are specifically retained in the Golgi apparatus> Golgi apparatus> pre-vacuolar compartment> vacuole. Endoplasmic reticulum> vacuole. Molecules may arrive to vacuoles directly from the endoplasmic reticulum. This pathway is prominent in seeds as a pathway for storage. However, in other plant cells, these pathways may be very rare. Vesicles traveling from the endoplasmic reticulum to vacuoles are independent of COP-II coats, which are needed for vesicles targeted to the Golgi apparatus. In the endoplasmic reticulum-vacuole pathway, there are sometimes intermediate compartments, but they are transient membrane-bound organelles where molecules are shortly retained before they arrive to the vacuole. This vesicular pathway may be denoted from autophagy cellular components. Plastids shrinkage > vacuole. Endocytic vesicles fuse directly with vacuoles, which work like early endosomes. Bibliography Marty F. 1999. Plant vacuoles. Annual review in plant biology. Tair I. 1992. The plant vacuole. Journal of experimental biology 172: 113-122. Zhang C, Hicks G, Raikhel NV. 2014. Plant vacuole morphology and vacuolar trafficking. Frontiers in plant sciences 5: 476. Page 18 The basic vesicular trafficking roadmap of animal cells is also found in plant cells. However, plants show some distinct features (Figure 1). Vacuoles, which communicate with other cellular compartments, are prominent organelles with essential functions for the plant cell. Furthermore, endocytosis and exocytosis are not so intense in the animal cells. Early and recycling endosomes of animal cells is also found in plant cells. However, plants show some distinct features (Figure 1). Vacuoles, which communicate with other cellular compartments, are prominent organelles with essential functions for the plant cell. Furthermore, endocytosis and exocytosis are not so intense in the animal cells. Early and recycling endosomes of animal cells is also found in plant cells. However, plants show some distinct features (Figure 1). Vacuoles, which communicate with other cellular compartments, are prominent organelles with essential functions for the plant cell. 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transcription factors into the nucleus influences the expression of particular genes, and the exit of mRNA makes it possible the synthesis of proteins. Thus, nuclear pores are a key element during cell physiology. Figure 1. Transmission electron microscopy image of the nuclear envelope. The two constrictions of the nuclear envelope are nuclear pore complexes. Nuclear pore complexes are very abundant in cells showing an intense trafficking between nucleoplasm and cytoplasm, as in differentiating cells. It is estimated around 11 nuclear pore complexes per μm^2 of nuclear envelope, which means around 3000 to 4000 nuclear pores in a single cell. In the cell cycle, new nuclear pore complexes are synthesized and assembled during interphase, previously to mitosis. However, they are also synthesized after cell division. In open mitosis, where the nuclear envelope is disorganized, the nuclear pore complexes are also disorganized and their proteins are freed in the cytoplasm. After mitosis, these nuclear pore proteins are grouped again in new nuclear pore complexes while the nuclear envelope is assembled at the same time.

1. Components Proteins of the nuclear pore complexes are known as nucleoporins. In yeasts, 30 different nucleoporins have been found, whereas in metazoa may be more than 40 different nucleoporins. There are several copies of each nucleoporin in the same nuclear pore complex. Thus, in mammals, a nuclear pore complex contains around 500 to 1000 nucleoporins. The total structure is 100 to 150 nm wide, 50 to 70 nm high, and contains an inner hydrophilic passage of around 40 nm. Nuclear pore complexes are among the largest protein structures of the cell, about 125000 kDa. It is remarkable that nucleoporins show a great stability, sometimes as long as the whole life of the cell, whereas the lifetime of a common protein may last a few days. Nucleoporins are grouped in 8 blocks, which are organized as a regular octagon forming ring-like structures (Figure 2). The cytoplasmic ring faces the cytoplasm, the radial ring is in the channel of the nuclear envelope and anchors the nuclear pore complex to the nuclear envelope, and the nuclear ring is facing the nucleoplasm. Furthermore, there are fibrils extending from each of the 8 blocks: cytoplasmic fibrils and intranuclear fibrils. The intranuclear fibrils are connected to the nuclear ring by one of their ends and to other proteins that form another intranuclear ring known as distal ring. Intranuclear fibrils and distal ring together form the nuclear basket, also known as nuclear cage. Figure 2. Protein organization in a nuclear pore complex (modified from Beck et al., 2007) Besides the structural role, nucleoporins are classified according to their function. There are transmembrane proteins for anchoring the whole complex to the membrane of the nuclear envelope. The scaffold proteins form the rings, and inner proteins that form the hydrophilic passage and regulate the molecular trafficking through the nuclear pore complex. Those proteins that form the fibrils and nuclear cage recognize the molecules that are then allowed to cross the nuclear passage. It should be noticed that molecules coming in and going out of the nucleus do no need to cross any membrane, but just the hydrophilic channel of the nuclear pores.

2. Nucleo-cytoplasm transport The nuclear pore complex contains a hydrophilic passage ranging from 80 to 90 nm in diameter. When a nuclear pore complex is at rest (no trafficking) the usable space is about 45 to 50 nm in diameter, and it can be increased when some molecule is being transported. Small molecules (less than 60 kDa) like salts, nucleotides, small molecules and short polypeptides can cross freely through the hydrophilic channel, but other larger molecules with physiological roles are not allowed to go across freely. Even some molecules smaller than 20-30 kDa such as histones, tRNAs and small mRNAs may need the involvement of nucleoporins to cross the nuclear envelope. The selective transport, mediated by nucleoporins, is known as passive facilitated transport. Energy is not needed for it. The nuclear pore complex does not determine the direction of the transport, getting in or out the nucleus, but molecules travel according to a gradient of the Ran proteins (Figure 3). The energy is spent in generating this Ran gradient. Figure 3. Ran gradient between the cytoplasm and nucleoplasm. In the cytoplasm, the energy needed to create this gradient is supplied by ATP, transforming Ran-GDP in Ran-GTP. Thus, the nucleoplasm is a sink of Ran-GDP and a source of Ran-GTP. In the cytoplasm, Ran-GTP is converted into Ran-GDP. Thus, the cytoplasm is a source of Ran-GDP and a sink of Ran-GTP. In this way two gradients are created, Ran-GDP and Ran-GTP. The size of the icons in the figure depicts levels of concentration. Trafficking through a nuclear pore complex is high, with more than 1000 translocations per second. This movement of molecules across the nuclear envelope is regulated by the gradient of Ran proteins. Ran are involved in both importing and exporting molecules between the nucleus and the cytoplasm. They generate the Ran-GTP/Ran-GDP needed for the transport, and the generation of these gradients consumes ATP. Ran molecules can be in three states: Ran-GTP, Ran-GDP and Ran. The state of a Ran molecule depends on several enzymes. In the nucleoplasm, Ran-GTP is more abundant, whereas Ran-GDP is concentrated in the cytoplasm (Figure 3). Karyopherins are a family of proteins, divided in two subfamilies: importins and exportins, which are responsible for selecting the molecules that can cross the nuclear pore complex. Proteins that need to be imported into the nucleus have a particular amino acid sequence, known as entrance signal peptide, and those that need to be exported to the cytoplasm have an exit signal peptide. These short peptide sequences are not identical for all proteins, but similar. The entrance and exit signal peptides are recognized by importins and exportins, respectively. There are members of importins and exportins with different affinity for the import and exit sequences. Nucleoporins do not interact directly with the transported molecules, but with importins and exportins. Importin and exportin use the Ran-GTP/Ran-GDP gradients for transporting the cargoes in a specific direction. In this way, importin spontaneously joins to their cargoes in the cytosol, but once in the nucleoplasm cargoes are released by Ran-GTP, which is abundant inside the nucleus. On the other hand, exportins need Ran-GTP to join to their cargoes in the nucleoplasm, but once they (exportin-cargo-Ran-GTP) are translocated to the cytoplasm, Ran-GTP is converted into Ran-GDP, which breaks the complex, and then exportin, cargo and Ran-GDP are detached from each other becoming free in the cytosol (Figure 4). Figure 4. Molecular trafficking across the nuclear pore complex mediated by karyopherins: importins and exportins. Molecules to be specifically transported across the nuclear envelope need to have export or import sequences, but it is not enough. These sequences need to be accessible to exportins and importins. Conformational changes or chemical modifications of the molecules having these sequences may prevent their recognition by karyopherins, so they remain in the nucleoplasm or cytoplasm until the sequence is properly exposed. This mechanism adds a new step of regulation to nucleus-cytoplasm trafficking. Besides proteins, other molecules need to cross the nuclear envelope. Different types of RNA are transported by different mechanisms, but there are always proteins involved. mRNA is not transported naked. Once the mRNA transcript is synthesized, it is quickly associated with different nuclear proteins forming a large size molecular complex known as ribonucleoprotein. Before mRNA is transported, a quality control checks if it has been correctly processed. If there are any errors, the mRNA is degraded and it does not reach the cytoplasm. If there are no flaws, the ribonucleoprotein is transferred to the nuclear basket of the nuclear pore complex and gets associated with the proteins Nxf1-Nxt1, which facilitate its transport through the hydrophilic channel. This transport does not use the Ran-GTP gradient. However, it needs the hydrolysis of ATP, which is consumed when the macromolecular association (ribonucleoprotein-Nxf1-Nxt1) needs to be disengaged in the cytosolic face of the nuclear pore complex. Then, ribonucleoprotein is free from Nxf1-Nxt1 and cannot get back to the nucleus. Some mRNA molecules uses the protein CRM1 to be transported. In this case, the Ran-GTP gradient is needed. Transfer RNA (tRNA) is recognized by a type of exportin known as exportin-t, which uses the Ran-GTP gradient to get the tRNA out from the nucleus. Small nuclear RNA (snRNA), another type of RNA, is transported by CRM1 protein and Ran-GTP gradient. The exporting mechanism for ribosomal subunits, which are assembled in the nucleolus, is a big challenge for nuclear pore complexes because they are really large protein-rRNA complexes. The molecular changes happening in the nuclear pore complex allowing the ribosomal subunits to get to the cytoplasm is not known so far. Finally, it has been shown that some proteins are able to bind directly to nucleoporins, so they do not need karyopherins.

3. Chromatin interactions Nuclear pore complexes are involved in additional functions that help in the regulation of the nucleus-cytoplasm communication. In this context, they are thought to participate in DNA repairing and in the regulation of transcription, processing and quality control of mRNA. At transmission electron microscopy, it is observed that heterochromatin is not distributed near the nuclear pore complexes (Figure 1). Thus, they are regarded as spots of permissive gene expression of many genes. This would be an advantageous position for those genes since their transcribed mRNAs are released close to the gateway. The lack of heterochromatin near the nuclear pore complexes may be a consequence of direct interactions between nucleoporins and chromatin. Nucleoporins are evolutionarily related to COPI and COPII proteins, which form the coated vesicles coming from the Golgi apparatus and endoplasmic reticulum, respectively. It makes sense because the nuclear envelope and endoplasmic reticulum membranes are continuous, and Golgi apparatus membranes are formed from vesicles coming from the endoplasmic reticulum. Bibliography Beck M, Lucic V, Forster F, Baumeister W, Medalia O. 2007. Snapshots of nuclear pore complexes in action captured by cryo-electron tomography. Nature 449:611-615. Cauzin B, Hill R, de Pedro N, Link W. 2015. Components and regulation of nuclear transport processes. FEBS journal. 282: 445-462. Carmody SR, Wente SR. 2009. mRNA nuclear export at a glance. Journal of cell science. 122:1933-1937. Guo T, Fang Y. 2014. Functional organization and dynamics of the cell nucleus. Frontiers in plant biology. 5: 378. doi: 10.3389/fpls.2014.00378. Kabachinski G, Schwartz TS. 2015. The nuclear pore complex - structure and function at a glance. Journal of cell sciences. 128, 423-429. Page 26 Proteins are responsible for many of the functions carried out by membranes. The protein-lipid ratio may vary in different membranes, but it is roughly 1:40 in number of molecules and 40 % in weight, which means that membranes usually have a lot of proteins. The proportion of proteins may be even higher in those membranes with strong metabolic involvement such as the inner membrane of mitochondria. About 1/3 of our genes code for membrane proteins. Cell membrane models Membrane models depicting the molecular organization have been modified to reflect the importance of proteins as essential elements for the membrane structure and function. The basal model to build from is the fluid mosaic by Singer and Nicholson. In this model, proteins are scattered in the membrane and can move freely. However, nowadays, the interactions of proteins with both intra- and extra-membrane molecules that restrict the lateral movements have been included in the model. Furthermore, data from atomic force microscopes suggest changes in the models of membranes to include the proportion of proteins and the physical space they occupy (Figure 1). Figure 1. Membrane model after atomic force microscopy (modified from Zhao et al., 2014) Proteins are numerous and diverse, specifically distributed through the cell membranes. They can be classified in different ways. Regarding their function, they can be receptors, enzymes, adhesion molecules, channels, transporters, pumps, membrane handlers, and many others. Some proteins may be included in more than one category. Regarding on how proteins are arranged in membranes, there are two main groups of proteins: integral and associated.

1. Integral proteins Integral proteins are permanent components of the membrane. They may be transmembrane proteins, proteins spanning just one monolayer, or proteins that are chemically linked to a membrane molecule. Transmembrane Figure 2. Types of transmembrane proteins. There are transmembrane proteins, such as glycophorin, with an amino acid chain that spans once the cell membrane, whereas others, such as many receptors, can have several crosses. In these examples, the amino acid chain intermingled among the fatty acids shows an alpha helix arrangement. Aquaporin is also a transmembrane protein forming a channel with several crosses, but the amino acid chain among fatty acids shows a beta organization (modified from Pollard et al., 2007). Transmembrane proteins show three molecular domains: two hydrophilic and one hydrophobic (Figure 2). For instance, plasma membrane proteins have an extracellular, an intra-membrane and a cytosolic domains. The intra-membrane domain contains sequences of hydrophobic amino acids that are located among the fatty acid chains of the membrane lipids, whereas the extra and intracellular domains contain hydrophilic amino acids. Transmembrane proteins are mostly synthesized in the endoplasmic reticulum and distributed to other cell membranes by vesicular traffic. Some transmembrane proteins have amino acid sequences that span the membrane one time, whereas others do it more times, up to 7 crosses. Although most transmembrane proteins work alone, many of them need to be associated to other transmembrane proteins to perform their functions working as oligomeric groups. The functions of transmembrane proteins are diverse. a) Integrins, cadherins, and selectins are adhesion proteins. b) Pumps and ion channels generate and modify ion gradients between both sides of the membrane. For example, to produce ATP, or to exchange ions, such as calcium, sodium, and potassium. c) Transporters make possible large molecules to cross the membrane. For instance, they allow glucose to get into the cell crossing the plasma membrane. d) Receptors enable cell communication by binding specific ligands, such as hormones, growth factors, neurotransmitters, and others, and transducing these signals into intracellular downstream molecular events. This can be done because transmembrane proteins have two hydrophilic domains, located at either sides of the membrane, which are connected by one or several intramembrane domains. For example, after the recognition of an extracellular signal, a molecular rearrangement occurs in the transmembrane protein that is transmitted to the intracellular domain, which in turn causes a cytosolic molecular process, sometimes ending up with changes in gene expression. Included or linked to one monolayer Figure 3. Main types of peripheral membrane proteins: integral and associated. From left to the right: proteins with a part of the amino acid chain spanning just one monolayer, proteins linked to glycolipids, proteins linked to fatty acid chains inserted among the membrane lipids, proteins associated to the membrane lipid heads by electric affinity and proteins associated to hydrophilic domain of transmembrane proteins (modified from Alberts et al., 2002). There are integral proteins which are not transmembrane proteins. Some of them have part of the amino acid sequence inserted in only one of the monolayers of the membrane, so they have one intramembrane domain and one external domain (Figure 3). If they are in the plasma membrane, depending on the monolayer where they are integrated. The external domain may be cytosolic or extracellular. Another type of integral proteins includes those chemically anchored to other membrane molecules, mostly glycolipids or fatty acids inserted among the membrane lipids. In these cases, the entire protein is either cytosolic or extracellular. Most commonly, they are bound to GPI (glycosylphosphatidylinositol). These proteins were discovered in the seventies of the XXth century and today we know hundreds of them in all eukaryotic cells studied so far. They include, for example, enzymes, adhesion molecules, and components of cellular layers in protozoa. It is interesting that in some cases, like the adhesion protein N-CAM, the same protein may be transmembrane or GPI-linked protein depending on mRNA differential splicing. The non-transmembrane protein may also be known as peripheral proteins, because they are related to only one monolayer. Peripheral proteins also include other proteins referred as associated protein (see below).

2. Associated proteins Associated proteins are not permanently joined to membranes, i.e. they are not integral proteins. Instead of chemical bonds, electrical interactions, such as van der Waals forces, keep these proteins stuck to the hydrophilic surfaces of membranes (Figure 3). These forces are weak and proteins may switch between be attached to or detached from membranes. Associated proteins are hydrosoluble. Bibliography Zhao W, Tian Y, Cai M, Wang F, Wu J, Gao J, Liu S, Jiang J, Jiang S, Wang H. 2014. Studying the nucleated mammalian cell membrane by single molecule approaches. PLOSone. 9 (5):e91595.

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